



## **What to bring...**

- *Suitable clothing for the days' activities*  
*We highly recommended not bringing any new clothing.*  
*Short shorts, singlets, skirts and dresses are not appropriate.*
- *Enclosed footwear for all activities*
- *A waterproof jacket or raincoat (all year round)*
- *A pair of shoes/ booties/ reef shoes suitable for wearing during water activities (thongs are not suitable – footwear must be secure)*  
*Groups participating in water activities during June, July and August; we **strongly recommend** long sleeve rashie, thermals or a wetsuit*
- *Bathers, rashie and beach towel for water activities*

### *For all activities:*

- *Sun-smart / wet weather-smart clothing*
- *Hat*
- *Sunscreen*
- *Drink bottle*